

Course Itinerary:

DAY ONE

The theory of soap making in the conference room:

Including safety precautions, the various ingredients, the methodology of Cold Process soap making, plus a look at different plant additives and their active ingredients. This session is designed to provide delegates with the 'tool kit' to go on and make their own soap and develop their own recipes.

Lunch

Practical session in the Laboratory

The practice of Cold Process soap making. Devising and fabricating your own personal recipe.

DAY TWO

Theory in the conference room

An exploration of the ingredients used in Organic Beauty Products and their effects on the body. Ingredients covered include: vegetable oils, floral waters, essential oils, butters and waxes.

Lunch

Practical session in the Laboratory

We demonstrate how to make a lip balm and a massage bar

Make your own massage oil and beauty treatment.

DAY THREE

Theory in the conference room followed by fabrication in the Laboratory

Theory of Fragrance, the messages behind the different << notes >> of a perfume.
Make your own perfume.

Lunch

Practical session in the Laboratory

Make your own lotion.
Make your own cream.

Unwrap your soap.

Debriefing and feedback